

Welcome to Børnehaven Voldparken

Parent leaflet/general information

Briefly about us

Børnehaven Voldparken is an independent institution that has an operating agreement with Copenhagen municipality.

We are a relatively large house, with approx. 85 children distributed over 4 rooms.

The rooms are called Hjertestuen - Vaskebjørnstuen - Jordbærstuen and Stjernestuen.

There are approx. 21 children, 2 pedagogues and a helper in each living room.

In addition, we have an additional person employed in the house who helps where needed.

We also have a nature guide employed, who alternates in each living room. Here, various activities are done in the nature shed or in the living room.

Opening hours and closing days

Monday - Friday 06:30 - 17:00

At Børnehaven Voldparken, we have closed all public holidays during the year.

Every year, we have some closing days, in addition to public holidays. These days will be written on notes, at all entrances to the rooms, and on the calendar at AULA.

The closing days will usually be in connection with Easter and in the days between Christmas and New Year, so please inform yourself or ask the staff if you have any doubts or questions

Daily routines

- Breakfast is served every day between 06:30 and 08:00.
We open alternately at Hjertestuen and Vaskebjørnstuen, which are the first two rooms when you enter the large playground.
- After we have breakfast, we either go to the playground or the living rooms and play.
- At 09:15 we hold a meeting in each living room.
- At 10 starts today's activities. We often divide into smaller groups and deal with different themes. Some will be on the playground, in the nature shed, in the craft shed, in the hall or in the living rooms.
- At 11:15 we eat lunch
- At 12:00 we all go to the playground together. We prioritize being outside in all kinds of weather.
- Between 14:00-14:30 we eat fruit and bread.
- Between 14:45 -15:00 to 17:00 we are back in the living rooms or on the playground.
- At 17:00 the kindergarten closes

Activities during the day

In Børnehaven Voldparken we work with 'Den styrkede pædagogiske læreplan'.

The day's activities are planned based on this and we have a year wheel with overarching themes, each of which supports 'pædagogiske læreplan'.

We have the child's interests in mind, so that we can best meet the children where they are.

We see value in the children's play and we strive to give the children the best starting point for planned and free play.

There will be activities during the day in the living rooms, scrubbing, the hall, the playground or on a trip.

We often divide into small groups and do different activities based on general themes. It can, for example, be body and movement or nature and science. An activity could be to paint a portrait of yourself, make handprints in clay, make homemade modeling wax, collect chestnuts in the area, read a book or play a flip game. These activities often take place in the morning.

We prioritize using the local area when we go for a walk, here we often use the violence to go exploring or a nearby playground.

In the afternoon, after lunch, there will be various activities offered in the living room or the playground. We have different play stations on the playground where you can, for example, can play with LEGO, magnets or a flip game.

Activities in the nature shed are planned by our nature guide, in collaboration with the staff, in such a way that it fits with the overall themes that the whole house follows.

Each living room has its own day of the week, with our nature guide.

In the Kindergarten, we have a number of joint activities for the whole house, we have these in connection with traditions such as Easter, Eid, Christmas, Fastelavn, Halloween, etc.

Midday nap and sleep

We offer afternoon naps in the kindergarten. After lunch, we put the children who need it, by agreement, with your parents.

The children are put on mattresses in the living rooms where we can see them from the playground. We therefore do not have a dormitory/living room in the kindergarten.

Food and meals

In Børnehaven Voldparken we have a meal plan. Breakfast, lunch and afternoon meals are served, which are prepared in our own kitchen. For breakfast, there will usually be oatmeal, cornflakes, rye bread with different toppings and shortbread. We serve milk for breakfast, but not for lunch.

For lunch, the menu varies from day to day, but we do have a fixed day a week with soup and a day with rye bread. In addition, e.g. Bulgur with chicken tzatziki, salmon with potatoes, sauce and vegetables, pizza with different toppings, etc.

We pay particular attention to children with allergies, and different religions are also taken into account.

Birthdays

On your child's birthday, we hang flags and have a birthday party, we sing a birthday song and the child can share out if he has brought anything.

We are not sugar-free at Børnehaven Voldparken, but we think about sugar intake on a daily basis. So, if your child has a birthday and you want to give something out, we have decided that the children can give out a maximum of 2 things brought from home. It can be, for example, fig sticks, fruit platter, buns, cream buns or something completely different that your child likes

Dress

During the winter periods, it is important that your child has some warm outerwear in the form of a flight suit and winter jacket, winter boots, mittens and a hat.

The ideal outerwear in autumn and spring is thermal clothing, rainwear, rubber shoes and rubber boots

In the summer, an extra change of clothes is a good idea, as we often play with water and can therefore get wet

Good tips:

- Always dress your children according to the season
- Please have 2-3 sets of extra clothes in the box
- Write your name on all your clothes and outerwear as well as mittens and hats
- If your child has lost any clothes or outerwear, please look in the other seats, in the living room or on the playground.

ATTENTION We always provide sunscreen in the afternoon in the kindergarten, but you must apply sunscreen to your children in the morning before you come to the kindergarten.

The good start

When you start kindergarten you receive a welcome letter.

Here there is practical information about the start-up phase, which room your/your child will go to and which adults are in the room.

Starting kindergarten is a big upheaval. That is why we do everything we can to create the best framework for your/your child's start.

We recommend 1-2 weeks for the start of your/your child. For the first 2-4 days, you can expect to be in the nursery together with the child. After which your child/children can have shorter days, this will provide the best and smoothest start in kindergarten.

Disease

We do not accept sick children at Børnehaven Voldparken.

If your child falls ill in the kindergarten, we will contact you, so it is important that your contact information is always up to date in Aula. Before we contact you, we have always assessed the child's general condition, because it is important that your child is able to participate in everyday activities.

Good advice:

- If your child has been called home with a fever, we encourage a fever-free day
- If your child has received Panodil in the morning due to a fever, your child must not come to kindergarten
- Check Aula, here we inform about chicken pox, children's ulcers and other contagious viruses.

Lice:

At Aula, we also inform about lice. If we have a case of lice in the living room. So check your child and run a lice comb so that we can get rid of them as soon as possible

Colony and accommodation

We are going to the colony in September.

It is the biggest children who come along, and across the rooms there are usually around 25-30 children who come along.

We leave on Tuesday morning and return home on Thursday afternoon.

The colony we use is called Lyngborgen, located in Northwest Zealand near Ellinge Lyng.

For the big children who are about to start school, we have a graduation party with dinner and fun in the living room, and then we spend the night in the kindergarten.

Auditorium

Aula is the form of communication that we use here in the kindergarten.

This is where you receive information from the staff and management, this is where we put up pictures and invite you to various events in the kindergarten, such as Eid, Yuletide, etc.

In the event of illness, you must register it every day, as Aula automatically notifies you of illness.

Please let me know when you have time off and are going on holiday.

Your child's birth certificate is at Aula and it is important to keep it up to date so that we can always get in touch with you.

If it is someone other than you, parents who pick up, you must remember to register it at AULA, as well as notify the staff. We may not hand it over to others without your consent.

Siblings over the age of 12 must pick up.

Parental Board

Børnehaven Voldparken has a parent board. Board members will be bound by confidentiality and must be loyal to joint decisions. The parent-elected board members must represent and convey the needs of the entire parent group for the children's daily life in Voldparken Kindergarten.

Contact information

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